

Selecting a Confirmation Name

The candidate will need to select a Confirmation Name. The Catholic Dictionary explains Confirmation names as such:

“The name of a saint, chosen by the person to be confirmed and imposed by the bishop in Confirmation. Added to the Christian name, it gives the person confirmed a heavenly patron whom he should endeavor to imitate.”

Common Questions and Answers:

Q. Can I choose any name I want?

A. The norms for Confirmation indicate that you choose the name of a saint. This saint will then be your heavenly patron.

Q. How do I pick a saint?

A. There are many sources to find exciting saints. Check out some of the resources listed below and see what's available. Since each saint has a feast day sometimes people pick a saint based upon an important day in their life like a birthday. Each saint is also the patron of an activity or job. Sometimes it's the events of the life of a saint that connect you. However you decide, take some time and find the saint whose life speaks to you. Then invite them into your life as patron and model and mentor.

Q. When do I have to have my saint name picked by?

A. Generally, this date will be assigned in class. The easy answer is you will need to know sometime shortly after Christmas break in year two of Confirmation preparation.

Q. Do I have to select a name that is the same gender as I am?

A. Not at all. You can choose any saint to be your patron. A girl could just as easily choose Luke as she could choose Anna.

Resources For Finding Saints Information

Books

There are many great books about the saints that you can find at the library or here in the parish offices.

Internet

Check out these sites:

Catholic.Org website <http://www.catholic.org/saints/>

Catholic Forum website <http://www.catholicforum.com/saints/indexsnt.htm>

Catholic-Pages.com website <http://www.catholic-pages.com/dir/saints.asp>