

CONFIRMATION PRAYER REFLECTION SHEET

Train yourself for devotion,
For while physical training is of limited value,
Devotion is valuable in every respect,
Since it holds a promise of life
Both for the present and for the future

1 Timothy 4:7-8

Name _____

Date of Prayer
Experience _____

Description of
Prayer Experience _____

Please discuss your prayer experiences with your parent or sponsor and write a paragraph that answers all of the following questions:

- How did you find out about the prayer experience you tried?
- How did the prayer experience affect your relationship with God?
- What did participating in prayer teach you about being a part of St. Mary's parish?
- These need to be in complete sentences and paragraph form.

Begin here:
